

About Nancy Gnecco

Nancy Gnecco is a Licensed Professional Counselor with a Master's Degree in Education. She has worked with children and adults for 30 years in both public and private settings. Nancy has taught Energy Psychotherapy for 18 years, and currently maintains private therapy practices both in Demorest, Georgia and Kennebunk, Maine. She also offers 1 – 3 day spiritual retreats for women who want to come into alignment with their soul's purpose.

With extensive training in many of the new, groundbreaking Energy Psychotherapy modalities, Nancy specializes in helping people live fulfilling lives by releasing the effects of traumatic memory, eliminating phobias, the emotional contributors to pain and illness, and negative core beliefs.

Nancy offers an integrated approach that includes traditional "talk therapy," counseling and dynamic new power therapies, such as EFT, all of which work to heal emotional and physical issues at their core – the body's energy systems.

Nancy also offers workshops for professionals who wish to learn these new power therapies, as well as seminars for the general public utilizing the modalities for personal growth and healing.

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ENERGY
PSYCHOTHERAPY

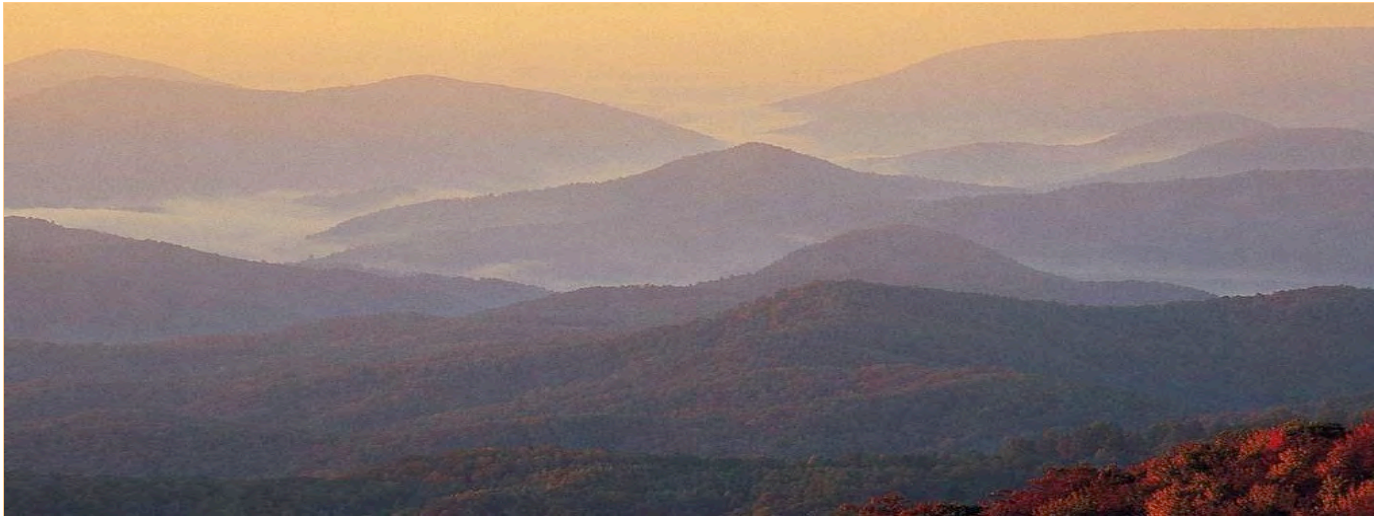
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Workshops for Health Care Professionals

- Emotional Freedom Techniques: Levels 1 - 3
- Diagnostics: Muscle Testing
- Comprehensive Chakra Therapy
- Tapas Acupressure Technique

What is Energy Psychotherapy?

Energy Psychotherapy is an expanding field that makes use of several dynamic, effective, "user friendly" therapeutic techniques based upon a renewed understanding of the body's bioenergy systems. We now know that the cause of all negative emotions is a disruption of the body's energy systems. These techniques and multi-dimensional modalities have been shown to contribute to healing emotional issues—and many physical ones—at their source: the body's energy systems. They provide rapid, effective, often permanent relief from many physical problems and most psychological problems - without re-traumatization, the need for emotional catharsis, or the use of medication. Energy Psychotherapy often works when nothing else has worked.

Energy Psychotherapy Has Been Successful in Treating:

Addictive Urges	Loneliness
Aging Issues	Negative Core Beliefs
Anger	Nightmares
Anxiety	Obsessive Compulsive Disorders (OCD)
Children's Issues	Panic Disorders
Chronic Pain Management	Performance Anxiety
Depression	Phobias
Eating Disorders	Post Traumatic Stress Disorder (PTSD)
End of Life Issues	Psychogenic Illness
Fear of Public Speaking	Separation Anxiety
Fear of Flying	Shyness
Grief	Sleep Disorders
Jealousy	Social Phobia
Learned Limitations	Stress

Personal Growth Seminars for the General Public

- Stress Management
- Emotional Freedom Techniques for personal use
- Releasing Negative Core Beliefs and Learned Limitations
- Personal Pathways to Prosperity
- Energy Center Clearing
- EFT: Palace of Possibilities: How to Manifest Your Dreams

For more information or to schedule a workshop or seminar:

www.nancygnecco.com